



Student Health & Wellness Committee First Meeting Agenda

December 7, 2021

10:00 to 11:30 AM

Woodland Elementary

Attendees: Fabian Armendariz, David Paul, Andrea Graham, Diane Smith, Patty Stuever, Holly Ingram, Gordon Long, Kari Rinker and Jennifer Coats

- I. Introductions Activity
 - a. Introductions included names, entity and My December is like... activity
- II. Woodland Welcome
 - a. Greg Stoskopf, Principal welcomed our committee and shares some highlights of Woodland Health and Wellness Magnet
 - i. Students have 40 minutes of structured activities in place of regular recess; this does not replace the students scheduled physical education
 - ii. Students participate in planting, maintaining, and harvesting raised gardens on site; produce is used by students
 - iii. Participate in a grant that provides students with the opportunity to taste new and exciting fruits and vegetables
 - iv. Students eat lunch in the classroom as a result students eat more and have a positive connection with peers and their teacher
- III. Membership Expectations and Norms
 - a. We will listen and ask questions for understanding
 - b. We will respect the meeting by
 - i. Starting on time
 - ii. Coming prepared to make the best use of the time
 - iii. Limiting sidebars and respecting the ideas of others
 - c. Follow an established recommendation making process
 - i. Open, honest dialog while maintaining confidentiality
 - ii. Majority rules
 - d. We leave ALL supporting any recommendations
 - e. Other suggested expectations and norms
 - i. Brainstorming without prejudice
- IV. WPS Health Related Updates (*5 minutes*)
 - a. Physical Education Instruction
Elementary - Diane Smith Secondary - Rebekah Winter
 - i. Physical Education Instructions have been revamped and Holly is working on getting the new documents on the website
 - ii. Friday, May 6th, 2022, KKFD will be held at South High

- iii. Truesdell is participating in pilot class Overall Health. It is offered as an elective, but they would like to see it as a requirement in the future
- iv. Due to Rebekah's (Becky) schedule she is not able to attend morning meetings

b. Health – Kimber Kasitz

- i. Kimber's office was understaffed today, and she was not able to attend

c. Nutrition Services – David Paul

- i. Nutrition Services oversees the National School Lunch Program; all programs have different regulations, each program is heavily audited
- ii. Nutrition Services is currently operating under the Seamless Summer Operation (SSO)
- iii. Under SSO we are currently receiving more funds for reimbursement per child; this may change after June
- iv. Some secondary schools are participating in Second Chance Breakfast this has increased the number of students eating
- v. Nutrition Services has 425 positions with 44 of them currently vacant: majority of these are part-time, non-benefited
- vi. Nutrition Services is looking at creative ways to combine positions to create full time positions
- vii. Food and Supply Chain have also created challenges for Nutrition Services

V. 2021-22 Goal Review

- a. Kansas food products that are served as part of the school meals program are identified at the beginning or on the serving line
 - i. Only product we currently receive from Kansas is milk
- b. Educate and engage families on the whole child nutrition and physical and mental wellness
 - i. Discussed a newsletter for schools to share with parents
- c. Offer information to families at least once per semester that encourages them to teach their children about health and nutrition and assists them in planning nutritious meals for their families
 - i. Discussed working with Media Productions to develop a video with a family making a health dinner together

VI. Health & Wellness Committee Teams Page

- a. Potential new wellness toolkit
- b. All H&WC documents available there
- c. Adding Kari Rinker

VII. Open Agenda/Sharing of Information

- a. Kari Rinker is new to the committee and excited to be part of our 21-22 goals
 - i. KS Heart Association already has a lot of resources we could use
 - ii. Shared Sedgwick County is preparing a Tobacco and Vaping Program to work with Schools
- b. Engage Student Support Services (mental health initiatives)
- c. Engage Safety & Environmental Services (anti-tobacco and anti-vaping initiatives)
- d. Reinvite parents and students who did not attend today

- VIII. Next Meeting (January 18th) 2:00 to 3:30 pm
- a. Currently schedule as a TEAM meeting; Jennifer will contact South about hosting in person meeting

- IX. Closing

